Privacy Policy

And the use of cookies

Information on what types of personal information we receive and collect when you visit www.healyourself.biz

As most of other websites we collect and use data contained in log files. The information in the log files includes your IP address, your ISP, the browser you used while visiting our website, the time you visited our site and which pages you visited on our site. We never sell your personal information to third parties.

We use third party advertisements on our website. Some of these advertisers may use technologies such as cookies and web beacons when showing ads on our site, which will also send information to our ad partners (such as Google through the Google AdSense program) including your IP address, your ISP, the browser you used while visiting our site. This is generally used for geotargeting purposes or showing certain ads based on specific sites visited.

You can disable or selectively turn off cookies in your browser settings.

Deleting cookies does not mean you are permanently out of any advertising program. Unless you have settings that disallow cookies, the next time you visit a site running the advertisements, a new cookie will be added.

"This website uses Pollfish web plugin. Pollfish is an on-line survey platform, through which, anyone may conduct surveys. Pollfish collaborates with Developers of applications for smartphones and website owners in order to have access to users of such applications/websites and address survey questionnaires to them. This website uses and enables Pollfish cookies. When a user connects to this website, Pollfish detects whether the user is eligible for a survey. Data collected by Pollfish will be associated with your answers to the questionnaires whenever Pollfish sents such questionnaires to eligible users. For a full list of data received by Pollfish through this website, please read carefully Pollfish respondent terms located at https://www.pollfish.com/terms/respondent. By using this website you accept this privacy policy document and you hereby give your explicit consent for the placement of a Pollfish cookie in your system and the processing by Pollfish of the aforementioned data. Furthermore, you are informed that you may disable Pollfish operation at any time by using the Pollfish "opt out section" available on Pollfish website or by disabling "third party cookies" from your browser's settings. We once more invite you to check the Pollfish respondent's terms of use, if you wish to have more detailed view of the way Pollfish works works."